



Community Resource Guide

Counseling Services 210-486-2333

Crisis Hotlines & Community Referrals

Community Agency	Address	Phone Number	Services	Fees*
Center for Health Care Services: Crisis Center	--	210-223-SAFE (7233)	Mental health crisis assessments, mobile team	F
National Suicide Prevention Lifeline	--	988	Crisis intervention available 24 hours per day	F
Crisis Text Line	--	Text HOME to 741741	Crisis intervention available 24 hours per day	F
The Trevor Lifeline	Text 678678	1-866-488-7386	Crisis intervention for LGBTQ young adults	F
San Antonio Community Resource Directory	--	www.sacr.org/directory	Website of various community agencies	F
Alcohol and Drug Helpline	--	210- 729-2273 (SAY-CARE)	24-hour crisis line for substance abuse	F
United Way of San Antonio	--	211	24-hour helpline for community resources	F

Alcohol and Substance Use Treatment

Community Agency	Address	Phone Number	Services	Fees*
Alcoholics Anonymous (San Antonio area)	www.aasanantonio.org	210-828-6235	Search for local AA meetings	F
Alpha Home	419 Magnolia St.	210-735-3822	Counseling and groups for adults, residential treatment for women only	\$
Center for Health Care Services	601 Frio	210-246-1300	Residential detox, treatment programs	F
Lifetime Recovery	96 Crossroads	210-734-6362	Counseling and groups for adults, residential treatment for men only	\$
Rise Recovery	2803 Mossrock	210-227-2634	Education and support for adults and youth	F

Counseling Services and Mental Health Services

Community Agency	Address	Phone Number	Services	Fees*
New Opportunities for Wellness Clinic	7810 Louis Pasteur	210-450-6450	Counseling and psychiatry	\$
Thriveworks Counseling and Psychiatry	7979 Broadway	210-791-6789	Psychiatry and counseling services	\$
Sigma Mental Health Urgent Care	1314 Sonterra	210-314-4564	Same day psychiatric services	\$
Catholic Charities	2911 New Braunfels	210-377-1133	Individual, couple and family counseling	SS
Center for Health Care Services (Intake)	928 Commerce	281-261-CHCS (2427)	Psychiatric, counseling and case management	\$F
Children's Bereavement Center	205 W. Olmos Dr.	210-736-4847 (HUGS)	Ages 3-24, individual, group	F
Eating Recovery Center	250 E. Basse Rd.	303-825-8595	Integrated health services for eating disorders	\$F
Ecumenical Center	8310 Ewing Halsell	210-616-0885	Individual, family, group counseling	\$F
Family Service Association	Various locations	210-299-2406	Individual, family and anger management	SS
Laurel Ridge Treatment Center	17720 Corporate Woods	210-491-9400	Behavioral health hospital	\$
National Alliance on Mental Health (NAMI)	Various locations	210-734-3349	Education and support groups	F
Our Lady of the Lake Community Counseling Services	590 N. General McMullen Dr., #3	210-434-1054	Individual, family, couple, walk-ins welcome – call for walk-in schedule	SS
The Center - Pride Center San Antonio	1303 McCullough Ave	210-370-PRIDE	Resources, support groups and advocacy	F
San Antonio Behavioral Healthcare Hospital	8550 Huebner Rd.	210-541-5300	Crisis services for adults and youth	\$
St. Mary's Family Life Center	251 W. Ligustrum	210-438-6411	Individual, family and play therapy	SS
UTSA Sarabia Family Counseling Center	501 W. Cesar E. Chavez	210-458-2055	Individual, neurofeedback	F

Domestic Violence/ Intimate Partner Violence

Community Agency	Address	Phone Number	Services	Fees*
Bexar County Family Justice Center	126 E. Nueva	210-631-0100	Services for domestic violence victims	F
Family Violence Prevention Services, Inc.	7911 Broadway	210-733-8810	Shelter and domestic violence services	F
The Rape Crisis Center	4606 Centerview Dr.	210-349-7273	Crisis hotline and survivor services	F



Housing, Food, and Community Services

Community Agency	Address	Phone Number	Services	Fees*
Christian Assistance Ministry (CAM)	110 McCullough	210-223-4099	Food, financial assistance, ID recovery	F
CPS Energy Assistance Programs	Various locations	210-353-2222	Utility assistance	F
Any Baby Can	217 Howard	210-227-0170	Resources for families with children who have disabilities	F
Haven for Hope	1 Haven for Hope	210-220-2357	Emergency shelter, transitional housing	F
Inman Christian Center	1214 Colima	210-222-9641	Childcare, food pantry and housing	F
Empower House	801 N. Olive	210-908-9772	Youth programs and parenting workshops	F
MCH Family Outreach	4606 Centerview Dr. Ste #100	210-733-3904	Support for parents and grandparents, family case management	F
Salvation Army	Various locations	210-352-2000	Emergency shelter, transitional housing, food, utility assistance	F
SAM Ministries	5254 Blanco Rd.	210-340-0302	Rent and utility assistance	F
Family Assistance Centers	Various locations	210-207-7830	Utility assistance; career readiness	F
San Antonio Financial Empowerment Centers	Various locations	Visit website	One-on-one financial counseling	F
San Antonio Food Bank	Various local sites	210-431-8326	Food, benefits and job training assistance	F
San Antonio Water System Uplift Program	www.uplift.saws.org	210-233-CARE (2273)	Apply for programs to lower water payments	F
South Alamo Regional Alliance for the Homeless (SARAH)	www.sarahomeless.org	210-876-0720	Housing resources available	F

Legal Services

Community Agency	Address	Phone Number	Services	Fees*
San Antonio Legal Services Association	www.sa-lsa.org	210-687-8100	Free civil legal services for at-risk individuals	F
Texas Rio Grande Legal Aid	1111 N. Main Ave.	210-212-3700	Family law, civil rights, housing, labor, benefits	F

Medical and Other Health Services

Community Agency	Address	Phone Number	Services	Fees*
Alamo Area Resource Center	303 N. Frio	210-625-7200	STI testing and other health and social services for those living with HIV/AIDS	F
Any Woman Can	Two locations	www.awccenters.com	Sexual health, pregnancy and counseling	F
East Side Pregnancy Care Center	314 Hackberry	210-650-2423	Health and support services for unplanned pregnancies	F
La Mision Family Health Care	19780 S. US Hwy 281	210-626-0600	Medical, dental, assistance based on need	SS
Methodist Community Health Center	507 St. James	210-354-3911	Minor medical care for uninsured	F
Methodist Healthcare Ministries	Two locations	210-527-1505 (Dixon) 210-922-6922 (Wesley)	Medical, dental and mental health services for those who do not have insurance	SS
Needy Meds	www.needymeds.org	1-800-503-6897	Free/low-cost medicine	F
RxAssist	www.rxassist.org	--	Free/low-cost medication programs	F
RxHope	www.rxhope.org	--	Prescription assistance programs	F
San Antonio AIDS Foundation	818 E. Grayson	210-225-4715	STI testing and other health services	
UT Health Teen Health Clinic	903 W. Martin	210-358-8255	Health education, reproductive health, sports physicals and counseling for ages 10-24	F

Veterans Assistance

Community Agency	Address	Phone Number	Services	Fees*
Endeavors (Cohen Military Family Clinic)	6363 De Zavala Road, Suite 300	210-399-4838	Counseling, case management, financial assistance for vets and family members	\$
SPC Good Samaritan Veteran's Outreach & Transition Center (GSVOTC)	202 Connelly St. (near SPC campus)	210-486-2185	Discover and access community resources for veterans and their families	F
Vet Center	Two locations	1-877-WAR-VETS	Counseling, individual, group for vets and their families	F

St. Philip's College does not endorse and cannot guarantee the quality or reliability of any agency or service provider.