

### First Responders Academy - Law Enforcement Academy

## **Basic Police Bike School (IPMBA)**

#### **Course Objectives**

**Topics includes:** 

- 1) Fundamental Cycling
- 2) Hazards and Crashes
- 3) Basic Maintenance
- 4) Cycling at night and clothing and personal protective equipment
- 5) Tactics and firearm training, plus many more...

#### **Course Cost**

Open Enrollment Only: 8 Hour Day, Minimum of 10 Students @ \$275.00 each Maximum of 20 Students

Prerequisites: Law enforcement officer; basic bicycle-handling skills; good physical condition

#### **Upon Completion**

Students will receive a course completion certificate for 40 hours of training. The 40 hours will be reported to TCOLE as part of your training record.

Additional Info: Certification: IPMBA Police Cyclist Certification is available to licensed law enforcement officers who successfully complete the practical test, earn a score of 76% or better on the written test, become members of IPMBA and submit applications for certification accompanied by the appropriate fee.

#### To Sign-Up for the Course

Please email sac-lea@alamo.edu to sign up.

Payment due day of class in cashier check, personal check, agency check or money order made payable to: **SAC** First Responder Academy

#### **Training Dates and Location**

First Responders Academy, 15775 IH 35 South, Atascosa, TX 78002 (exit 139 Hwy 35 S) Room 13 Monday-Friday June 9-13, 2025, 8a-5p

Instructor: Steve Bazany Instructor: Stephen Prescott



# IPMBA POLICE CYCLIST COURSE Required Equipment & Materials Checklist

<u>DU</u>	TY BICYCLE	<u>AT</u>	<u> FIRE</u>
	Reputable manufacturer public safety bicycle		Full duty bike uniform (First and Last
	in good working order, properly fitted		Day)
	Street/combination tires (no knobbies)		Padded cycling shorts (recommended)
	Pedal retention devices (including approved		Footwear compatible with pedal
	flat pedal/footwear systems)		retention
	At least one water bottle and holder		Foul weather gear
	Hydration delivery system (recommended)		Off-road cycling clothes (recommended
	High-intensity headlight with four-hour run		if the class will ride off-road; consult
	time		instructor)
	Steady or flashing red taillight	<b>D</b> UT	Y BELT/VEST
	Rear mount kick stand		Agency-mandated duty gear
	Rear rack and rack bag		
	Off-road tires (recommended if the class will	RAN	IGE EQUIPMENT
	ride off-road; consult instructor)		lass will include live-fire; consult
		instr	uctor)
To	<u>OLS</u>		Duty weapon
	Patch kit		100 rounds
	Tire levers		Foam ear protection
	Two spare tubes		-
	Compact tire pump or CO2	<u>O</u> T	<u>HER</u>
	Allen wrenches (4/5/6/8 mm)		Sunscreen
	Wrenches (8/10 mm)		Insect repellent
	Disposable gloves		Note-taking materials
			Complete Guide to Public Safety
SAFETY EQUIPMENT			Cycling (if not provided by instructor;
	Bicycle helmet (approved by ANSI, Snell,		www.psglearning.com, 800-832-0034)
	CPSC or equivalent)		Get Active Questionnaire (GAQ)
	Eye protection (shatter-resistant, wraparound,		(required) and medical clearance sheet
	clear and tinted)		(if indicated by GAQ)
	Padded cycling gloves		
	Body armor (if worn on duty)	Par	ticipants will be required to sign a
		liab	oility release/waiver on-site.
PERSONAL PROTECTIVE EQUIPMENT			
	Face covering/mask		
	Supply of disposable gloves		
	Hand sanitizer/wipes		